

YMCA Camp Elphinstone Menu Planner

BREAKFAST 8:30am

Please choose one option for every breakfast during your stay

- | | |
|---|--|
| <input type="checkbox"/> Pancakes and Sausage | <input type="checkbox"/> Scrambled Eggs, hash browns and Toast |
| <input type="checkbox"/> Pancakes with:
___Peaches and Cream | <input type="checkbox"/> Elphinstone Egg McMuffins |
| ___Blueberry Sauce and Cream | <input type="checkbox"/> Boiled Eggs, Toast, and Sausage |
| ___Strawberry Sauce and Cream | <input type="checkbox"/> Breakfast Burritos |
| <input type="checkbox"/> French Toast:
___Plain | <input type="checkbox"/> Toasted Bagels and Cream Cheese |
| ___Apple Cinnamon | <input type="checkbox"/> Waffles and Sausage |
| | <input type="checkbox"/> Cinnamon Buns and Porridge |

** Porridge available upon request with any breakfast **

Also served at every breakfast:

Variety of Cereal	Fresh Sliced Fruit
Milk	Juice
Coffee and Tea	Yogurt

LUNCH 12:30 pm

Please choose one option for every lunch during your stay:

- | | |
|---|---|
| <input type="checkbox"/> Homemade Soup and Sandwiches | <input type="checkbox"/> Sloppy Joes |
| <input type="checkbox"/> Tomato Soup and Grilled Cheese | <input type="checkbox"/> Chili and Corn bread |
| <input type="checkbox"/> Beef Burgers | <input type="checkbox"/> Chicken Fajitas |
| <input type="checkbox"/> Chicken Burgers | <input type="checkbox"/> Macaroni and Cheese |
| <input type="checkbox"/> Hot Dogs | <input type="checkbox"/> Taco Salad |
| <input type="checkbox"/> Burritos | <input type="checkbox"/> Pizza |
| <input type="checkbox"/> Chicken Caesar Pitas | <input type="checkbox"/> Chicken Pesto Pasta |

Also served at every lunch:

Salad Bar	Milk and Juice
Fruit	Tea and Coffee (Adults)

DINNER 5:00 pm

Please choose one option for every dinner during your stay:

- Roast Beef
- Roast Turkey
- Baked Ham
- Baked Chicken:
 - With BBQ Sauce
 - Breaded/Seasoned
 - With Teriyaki Sauce
- Stir Fry: Chicken
 Beef
- Spaghetti & Meatballs
- Chicken Pesto Pasta
- Burgers and Fries
- Beef Stroganoff
- Shepherds Pie

Also served at every dinner:

Salad Bar
Milk and Juice
Tea and Coffee (Adults)

Fruit
Dessert



We build strong kids, strong families, strong communities.