

Recommended Overnight Gear List

The following list is a guide for what to pack for your upcoming experience at YMCA Camp Elphinstone. Please use your good judgment and pack what they will need, but try to keep baggage to a minimum.

What to wear to camp:

CLOTHING – Be sure to check the weather before dressing for camp. Have your child wear clothes they can be active in. Jeans are not good on rainy days – once wet they can really slow down a child's ability to participate in the activities.

STURDY SHOES - Lace up sneakers or light hikers are the best. New hiking boots just for camp are not necessary.

SUN HAT AND SUNSCREEN

What to pack for Camp:

SLEEPING BAG

PILLOW - optional

COMPLETE CHANGES OF CLOTHES

(dependant upon the length of stay) -

underwear, socks, shorts, pants, t-shirts,

sweater, warm jacket, and pyjamas

TOILETRIES - Tooth brush, toothpaste, face cloth, soap, deodorant and shampoo

RAIN GEAR – An inexpensive poncho works great! A hood helps a great deal.

BATHING SUIT AND TOWEL – if camper will be taking part in kayaking, canoeing or swimming

WATER BOTTLE - one-litre pop bottles are great and more affordable than purchasing an expensive water bottle for the visit.

FLASH LIGHT

EXTRA SHOES OR RUBBER BOOTS

SANDALS – for kayaking and sunny days

LAUNDRY BAG or GARBAGE BAGS - for dirty laundry

OPTIONAL - camera (disposable), insect repellent

SCHOOL ITEMS - Exercise books, pens and pencils, if the teachers wish

For children we recommend labelling everything with the child's name and group.

Lost and found will be kept at YMCA Camp Elphinstone and held for 30 days, after which it will be given to those in need.

PLEASE DO NOT BRING:

Knives, money, valuables, radios, iPods, Game Boys or other electronics.

YMCA CAMP ELPHINSTONE DOES NOT HAVE VENDING MACHINES OR A TUCK SHOP WITH SNACKS.

Please no peanut butter or nut products at YMCA Camp Elphinstone.



YMCA

We build strong kids,
strong families, strong communities.