



"I love to help make snacks on Fridays!"



"I've learnt how to play new sports at YMCA Action Kids"



"There is something special about kids coming together after school just to play"

What's happening at YMCA Action Kids?

Monday	Tuesday	Wednesday	Thursday	Friday
Parachute Games	Aerobics	Soccer - who's ready for the World Cup?	Basketball	Healthy Snack Prep
Floor Hockey	Skittle Ball	Handball	Team-Building Games	Capture the Flag - outwit, outplay, outlast!
Dodgeball - duck and move!	Tag	Robin Hood	Group Games	Ultimate Frisbee

Schedule updated each month.

Junior Action Kids - Kindergarten to 8 years
Senior Action Kids - 9 years to 12 years

Register by single dates.

Members: \$8/day Non-members: \$9.50/day

Time: Monday-Fridays 3:30pm – 6:00pm

Walking school bus from Sexsmith, Jamieson and VanHorne at 3:00pm.

Drop off starts at 3:30pm.

Financial assistance is available.

Langara Family YMCA

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