



YMCA

We build strong kids,
strong families, strong communities.

YMCA of Greater Vancouver

Volunteer Opportunity

Fitness Centre Volunteer Robert Lee YMCA

The YMCA of Greater Vancouver is a charitable association dedicated to the development of people in spirit, mind and body as well as the improvement of local, national and international communities.

Job Summary

The Fitness Centre Volunteer teaches members how to use the equipment in an effective and safe manner. The Fitness Centre Volunteer will also assist staff in their regular duties such as monitoring the weight room, cleaning equipment, and consulting with members regarding healthy lifestyle practises.

Requirements

- YMCA Fitness Certified or BCRPA or equivalent
- Minimum 6 month volunteer commitment
- Minimum 2 hours per week volunteer commitment
- Completion of volunteer documentation and criminal record check
- Current First Aid Certificate and CPR C
- Minimum 16 years of age or older

Competencies

- *Commitment to organization vision and values:* Demonstrates and promotes a personal understanding of and appreciation for the mission, vision, strategic outcomes and values of the YMCA
- *Leadership:* Guides, motivates and inspires self and others to take action to achieve desired outcomes
- *Concern for Health & Safety:* Acknowledges and understands how to manage and educate others of risk and harm reduction
- *Communication:* Communicates in a thorough, clear and timely manner and supports information sharing and goal achievement across the YMCA
- *Service Orientation:* Deliberately identifies and creates opportunities to enhance each and every individual's YMCA experience

Benefits

- Share your passion for health and fitness with other YMCA members
- Gain valuable experience working with a diverse range of people
- Accumulate hours required to maintain fitness certification
- Develop interpersonal and communication skills

Contact

Trevor Davis, Individual Strength & Conditioning Director, Robert Lee YMCA
Tel: 604-673-6192 ♦ Email: trevor.davis@vanymca.org

