



YMCA

We build strong kids,
strong families, strong communities.

YMCA of Greater Vancouver

Volunteer Opportunity

Group Fitness Instructor - Chilliwack Family YMCA

The YMCA of Greater Vancouver is a charitable association dedicated to the development of people in spirit, mind and body as well as the improvement of local, national and international communities.

Job Summary

- Instruct fitness classes for which you are trained and assigned
- Greet regular members and introduce yourself to new participants; get to know members on a first name basis
- Following the description of the class you are teaching; all changes need approval of the Fitness Manager
- Attend fitness instructor meetings

Requirements

- Minimum 16 years of age
- Current YMCA Group Land Fitness (Landfit) certificate or BCRPA Group Fitness (Landfit) registration
- Current Emergency First Aid and CPR-C certification
- Completion of volunteer documentation and criminal record check
- Attendance at a Welcome to the Y / Emergency Procedures training session and department-specific orientation

Competencies

- **Commitment to the Vision and Values:** Demonstrates and promotes a personal understanding of, and appreciation for, the mission, vision and values of the YMCA
- **Communication:** Ability to speak, write, listen, and secure information in a variety of settings.
- **Self-Management:** Ability to direct personal performance to achieve desired results.
- **Teamwork:** Ability to work effectively with others to achieve optimal collective results.
- **Flexibility/Managing Change:** Ability to know your environment, initiate and respond effectively to changing conditions.
- **Relationship Building / Collaboration:** Builds positive interactions both internally and externally to achieve organization's goals
- **Values Diversity:** Appreciates that individuals with different opinions, backgrounds and characteristics bring to the table "richness" to the challenge or situation at hand.

Benefits

- Be a part of the YMCA team and promote the YMCA of Greater Vancouver's mission, vision and core values
- Learn about diversity at the YMCA and meet new people
- Receive training to further enhance your professional development as it relates to the volunteer position

Contact

Andrea Gieselman, Fitness Manager, Chilliwack Family YMCA
Tel: 604-792-3371, Ext. 2414 · Fax: 604-792-7298 · Email: andrea.gieselman@vanymca.org





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