



YMCA

We build strong kids,
strong families, strong communities.

YMCA of Greater Vancouver

Volunteer Opportunity

YMCA Action Kids – Kitchen Assistant

Langara Family YMCA

The YMCA of Greater Vancouver is a charitable association dedicated to the development of people in spirit, mind and body as well as the improvement of local, national and international communities.

Job Summary

YMCA Action Kids is an exciting new program starting September 2010. The program is focused on promoting physical activity and healthy nutrition habits in children ages 5-12. Daily activities will include sports instruction, community involvement, and nutrition activities.



*Every Friday the program will host a special guest chef from the Superchefs' program. Kitchen Assistants will be working with the Superchefs team to teach program participants about cooking and foods. This includes preparing ingredients and equipment, ensuring participant safety.

Requirements

- Interest in working with children and youth
- Sound knowledge of cookery and food preparation
- Willingness to learn to facilitate activities for children
- Available every Friday for a minimum of two hours between 3:30-5:30pm.
- Attendance at YMCA Action Kids program training
- Completion of volunteer documentation and criminal record check
- First Aid certification an asset
- Food Safe certification an asset
- Understand and abide by the YMCA core values of caring, honesty, respect, and responsibility.

Competencies

- **Commitment to Organization Vision and Values:** Demonstrates and promotes a personal understanding of and appreciation for the mission, vision, and values of the YMCA.
- **Relationship Building / Collaboration:** Builds positive interactions both internally and externally to achieve organization's goals.
- **Planning and Organizing:** Establishes a clearly defined and effective course of action for self and others to accomplish short and long term goals.
- **Creativity and Innovation:** Develops new way or adapts existing ideas to help achieve desired results.
- **Teamwork:** The ability to work effectively with others to achieve optimal collective results.

Benefits

- Strengthen leadership and organization skills
- Promote a healthy lifestyle for children and youth
- Gain valuable experience working with children and youth
- Gain valuable experience using professional techniques and learn life-long cooking skills

Contact

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Volunteer Application: <http://www.vanymca.org/giving/volunteerwithus.html>



Get started today!

Make a difference in your community

Be part of the YMCA volunteer family