



Bringing people together

YMCA of Greater Vancouver

Volunteer Opportunity

Adult Workshop Facilitator

Various Topics

Robert Lee YMCA

The Robert Lee YMCA is a state-of-the-art 92,000 square foot facility offering enhanced services in aquatics, fitness, health, child care, education, community and family programming. Located in the heart of downtown Vancouver, the Robert Lee YMCA provides services that reflect the needs of a changing and growing community, while remaining focused on the YMCA of Greater Vancouver's commitment to build strong kids, strong families, strong communities.

Job Summary

Your chance to share your specific knowledge and enthusiasm for learning! Adult Workshop Facilitators assist in the overall delivery of adult programs in the YMCA Coast Capital Early Childhood and Family Development Centres. This includes developing a topic, leading a group, utilizing the principles of adult learning, preparing materials, setting up and putting away equipment, and facilitating an environment that is based on the YMCA Core Values of Honesty, Caring, Respect, and Responsibility. Sessions are typically 1 hour in length and can be flexible to days and weekends. Topics may include cooking, healthy eating, health and well-being, parenting, relationships...anything that adults would participate in for personal and/or community well-being.

Requirements

- Experience facilitating workshops with adults
- Working knowledge of the principles of adult learning
- Ability to be assertive and multitask
- Completion of volunteer documentation with criminal record check
- Participate in an audition and training session
- Provide a reference from a previously run workshop
- Workshop must have strong component of group work and participants learning from each other
- Commitment for 2-5 workshops or 6 months preferred.

Competencies

- **Commitment to organization vision and values:** Demonstrates and promotes a personal





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understanding of and appreciation for the mission, vision, strategic outcomes and values of the YMCA

- **Communication:** Communicates in a thorough, clear and timely manner and supports information sharing and goal achievement across the YMCA
- **Teamwork:** Actively builds teams and encourages open relationships for maximum organizational effectiveness
- **Planning and Organizing:** Establishes a clearly defined and effective course of action for self and others to accomplish short and long term work goals

Benefits

- Meet other volunteers with similar interest
- Gain valuable experience working with adults
- Gain valuable experience in health education and promotion
- Improve facilitation skills

Contact

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