



YMCA

We build strong kids,  
strong families, strong communities.

# YMCA of Greater Vancouver

## Volunteer Opportunity

### Aquatic Fitness Instructor Robert Lee YMCA

The YMCA of Greater Vancouver is a charitable association dedicated to the development of people in spirit, mind and body as well as the improvement of local, national and international communities.

#### Job Summary

The Aquatic Fitness Instructor plans, leads and instructs members in water fitness classes according to the class description. The Instructor greets and welcomes members to each class, making a special effort to get to know members on a first name basis – and ensures class design is progressive over time to reflect increasing fitness levels of members.

#### Requirements

- Minimum 16 years of age
- Current YMCA Group Fitness Instructor (Water Fitness Module) or equivalent
- Current Standard First Aid and CPR C
- Completion of volunteer documentation, with criminal record check
- Attend the YMCA orientation and department specific orientation
- Attend fitness instructor meetings

#### Competencies

- *Commitment to organization vision and values:* Demonstrates and promotes an understanding of and appreciation for the mission, vision, strategic outcomes and values of the YMCA
- *Communication:* Communicates in a thorough, clear and timely manner and supports information sharing and goal achievement across the YMCA
- *Leadership:* Guides, motivates and inspires self and others to take action to achieve desired outcomes
- *Integrity:* Demonstrates responsible behaviour at all times and maintains high ethical standards
- *Service Orientation:* Deliberately identifies and creates opportunities to enhance each and every individual's YMCA experience

#### Benefits

- Share your passion for aquatics with others while gaining experience as a aquatic fitness instructor
- Be a part of the YMCA team and promote the YMCA of Greater Vancouver's mission, vision, and core values
- Develop leadership skills
- Learn about diversity at the YMCA and meet new people from diverse backgrounds
- Learn and develop as a fitness leader through workshops and other certification opportunities

#### Contact

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