



Bringing people together

YMCA of Greater Vancouver

Volunteer Opportunity

Cooking Facilitator- Children/Youth Robert Lee YMCA

The Robert Lee YMCA is a state-of-the-art 92,000 square foot facility offering enhanced services in aquatics, fitness, health, child care, education, community and family programming.

Located in the heart of downtown Vancouver, the Robert Lee YMCA provides services that reflect the needs of a changing and growing community, while remaining focused on the YMCA of Greater Vancouver's commitment to build strong kids, strong families, strong communities.

Job Summary

Through weekly one hour cooking sessions in the YMCA Coast Capital Early Childhood Family Development Centre, Cooking Facilitators will teach children/youth basic cooking techniques, help them understand how to make healthy food choices and provide opportunities to develop skills. Cooking Facilitators plan and lead the cooking sessions, with the support of YMCA staff.

Requirements

Experience working with children/youth

- Understanding of nutrition and healthy eating
- Comfortable teaching children/youth basic cooking techniques
- Completion of volunteer documentation with criminal record check
- Participate in an audition and training session
- Provide a reference from a previously run cooking course
- Cooking course must have strong component of group work and participants learning from each other
- Able to commit to volunteer once a week for a minimum of eight weeks

Competencies

- **Commitment to organization vision and values:** Demonstrates and promotes a personal understanding of and appreciation for the mission, vision, strategic outcomes and values of the YMCA
- **Communication:** Communicates in a thorough, clear and timely manner and supports information sharing and goal achievement across the YMCA
- **Teamwork:** Actively builds teams and encourages open relationships for maximum organizational effectiveness
- **Planning and Organizing:** Establishes a clearly defined and effective course of action for self and





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others to accomplish short and long term work goals

Benefits

- Meet other volunteers with similar interest
- Gain valuable experience working with youth
- Gain valuable experience in health education and promotion

Contact

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