



YMCA

We build strong kids,
strong families, strong communities.

YMCA of Greater Vancouver

Volunteer Opportunity

Group Fitness Instructor – Tong Louie Family YMCA

The YMCA of Greater Vancouver is a charitable association dedicated to the development of people in spirit, mind and body as well as the improvement of local, national and international communities.

Job Summary

To provide high-quality, safe, group fitness classes with modifications for all fitness levels. Responsible for instructing classes within the guidelines of specific descriptions, ensuring all equipment is safe, and welcoming new participants.

Requirements

- Minimum 1 class per week
- Be at least 10 minutes early for scheduled volunteer times, and in uniform.
- Greet and welcome participants arriving for class
- Provide exceptional service to all members and develop relationships with participants before, during and after group fitness classes
- Give feedback to supervisor as to problems and/or suggestions.
- Keep studio or gym area clean and tidy. Immediately inform supervisor of any room damage or equipment problems.
- Arrange for substitute instructors for classes as required
- Completion of volunteer documentation with criminal record check

Competencies

- YMCA Basic Fitness Theory and Group Fitness Leadership Certificate or equivalent (BCRPA)
- Speciality certifications for Yoga, Pilates and Prenatal
- Current CPR

Benefits

- Be a part of the YMCA team and promote the YMCA of Greater Vancouver's mission, vision, and core values
- Learn about diversity at the YMCA and meet new people
- Receive training to further enhance your professional development as it relates to the volunteer position

Contact

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