



YMCA

We build strong kids,  
strong families, strong communities.

## YMCA of Greater Vancouver

# Volunteer Opportunity

## Fitness Floor Host/Greeter – Tong Louie Family YMCA

The YMCA of Greater Vancouver is a charitable association dedicated to the development of people in spirit, mind and body as well as the improvement of local, national and international communities.

### Job Summary

Provide a high-quality, safe, service-oriented experience to all members in the Strength and Conditioning Centre: supervise the centre, ensuring that equipment is being used appropriately by members and that participants abide by centre rules; assist certified fitness trainers in daily duties including greeting and welcoming participants, giving timely feedback to supervisor regarding issues and/or suggestions related to the centre and its use.

*\*\* This position is for host only: no fitness program planning is required \*\**

### Requirements

- Minimum 1 hour per week on the floor
- Report early and in uniform for scheduled volunteer times
- YMCA Fitness Leadership Certificate (Fitness Theory, IC1/2) or equivalent (BCRPA)
- Current CPR; First Aid Certificate
- Completion of volunteer documentation with criminal record check
- Open to taking the Level I Individual Conditioning training course which allows volunteers to perform basic orientations for members

### Competencies

- Commitment to organization vision and values: Demonstrates and promotes a personal understanding of and appreciation for the mission, vision, strategic outcomes and values of the YMCA
- Teamwork
- Relationship building and collaboration
- Strong communication skills

### Benefits

- Be a part of the YMCA team and promote the YMCA of Greater Vancouver's mission, vision, and core values
- Learn about diversity at the YMCA and meet new people
- Receive training to further enhance your professional development as it relates to the volunteer position

### Contact

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