



YMCA

We build strong kids,
strong families, strong communities.

CRITICAL CARE NURSES NEEDED TO JOIN OUR CARDIAC REHAB TEAM

- ♥WORK IN A POSITIVE FRIENDLY, SUPPORTIVE ATMOSPHERE
- ♥ MEMBERS AND STAFF APPRECIATE YOUR SKILLS
- ♥GAIN CARDIAC REHAB EXPERIENCE IN A COMMUNITY SETTING

CLASSES IN SURREY, NEW WESTMINSTER, BURNABY, AND COQUITLAM

- Medically Supervised Exercise Classes for people with heart disease
- Exercises led by university trained instructor
- Individual exercise prescriptions set by our medical director

NURSES QUALIFICATIONS

- Must be trained & experienced in Critical Care and/or ACLS certified
- Current practicing membership with RNABC
- Nurses with a keen interest in cardiac rehab and some cardiac/critical care background may be considered.

NURSES RESPONSIBILITIES INCLUDE

- taking blood pressures, doing quick look ECG strips, being alert to any medical problems, able to handle cardiac emergencies, assist in case management to help participants modify their cardiac risk factors

YMCA HEALTHY HEART CLASSES HELD AT

- 1) Surrey
Surrey Family YMCA (14988 - 57 Ave. Hwy 10)
Mon/Wed/Fri - 6:45-8:05a.m.
- 2) New Westminister
New West High School (10th Ave & 8th St)
Mon/Wed/Fri - 6:30-7:50 a.m.
- 3) Coquitlam
Coquitlam Recreation Centre (620 Poirier St)
Mon/Wed/Thurs - 4:00-5:20p.m.
- 4) Burnaby
Confederation Community Centre (4585 Albert St)
Mon/Wed/Fri - 4:45-6:05 p.m.

**WE PAY an honorarium of \$27.00/ CLASS TO START
DO AS MANY (as available) OR AS FEW CLASSES AS YOU WANT**

**If interested please contact:
Ann Parkinson, Manager, at 521-5801**